

For Immediate Release
February 18, 2010

**STING, SHERYL CROW, PETER GABRIEL, SARAH MCLACHLAN,
ZIGGY MARLEY, KRISHNA DAS, DEVA PREMAL & MITEN,
And MICHAEL FRANTI
LEAD THE
YOGA REVOLUTION**

**New Compilation CD Features Music
For And Inspired By Yoga**

In Stores March 30th

Fairfax, VA (February 18, 2010) --- To demonstrate the profound and broad appeal of yoga, Time Life will release *Yoga Revolution* on March 30th, a collection of songs by music superstars alongside recordings by powerful devotional chanters who all share the same love for the ancient discipline. The 14-track CD also includes actual duets between artists from opposite ends of the musical spectrum, where Sting is paired with chanters Anoushka Shankar and Karsh Kale, and Seal with Guru Singh.

Yoga Journal magazine calls *Yoga Revolution* an “eclectic set, for sure, but it’s also a sweet, uplifting look into how various artists devote themselves to love, peace, and spirituality in their own creative ways.” This summer’s Lilith Fair reflects this expansive spirit, where *Yoga Revolution*’s Sanskrit hybrid artist Donna DeLory, Sheryl Crow and Sarah McLachlan will all perform. “Music is a great tool to open hearts and connect us,” DeLory says. “All of the artists on this CD have a strong belief in their art being an expression of peace and truth, a devotion to something greater than ourselves.” Critically acclaimed artist Michael Franti adds, “I practice yoga daily and I know how much music can inspire people. I’m excited to be part of this amazing compilation.” Sting, featured in the March issue of Yoga Journal, says, “Like music, yoga is a journey, one that is long enough so you keep developing, and keep learning. I don’t see an end to it...yoga is an important part of my creative life.”

In addition to DeLory’s appearances on the Lilith Fair tour, *Yoga Revolution* artists Krishna Das, Deva Premal & Miten will be touring together this spring while a 30-city US tour featuring Snatam Kaur with Guru Singh will begin March 10th.

Time Life worked with producing partner Nettwerk Music Group on *Yoga Revolution*, who is donating a portion of their proceeds from the CD sales to benefit Yoga Health Foundation, a non-profit organization dedicated to promoting preventative health care and yoga through awareness campaigns and educational programs targeting at-risk youths and adults.

For further information, log onto www.yogarevolution.org/cd-series/

Yoga Revolution

Tracklisting:

1. Narayana/For your Love – Krishna Das
2. Salala – Angelique Kidjo feat. Peter Gabriel
3. Sea Dreamer – Anoushka Shankar & Karsh Kale feat. Sting
4. Ganesha – Wah!
5. Prayer of St. Francis – Sarah McLachlan
6. I Know I'm Not Alone – Michael Franti
7. I Am – Guru Singh with Seal & Friends
8. I Shall Believe – Sheryl Crow
9. Om Namō – Eday
10. Bathe in these Waters (Earthtones Mix) – Donna DeLory
11. Love Is My Religion – Ziggy Marley
12. Angeli – Sasha Lazard
13. Om Tara Tuttare (Red Fulka Mix) – Deva Premal & Miten
14. Long Time Sun – Snatam Kaur